

Rialto Unified School District

Aug 11, 2025 thru Aug 15, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 1

Generated on: 8/12/2025 11:08:11 AM

	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/11/2025																
PRE-K BIC # 2	Total	300														
Croissant, Ham & Swiss '25	serving	300	300	22	580	0.00	6.00	155.0	0	0.0	4	13.0	27.0	15.0	9.00	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	299	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			513	37	732	1.61	6.12	507.7	514	0.06	40	22.05	66.09	17.83	10.53	0.00
% of Calories											31.2%	17.2%	51.5%	31.3%	18.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 08/12/2025																
PRE-K BIC # 2	Total	300														
Muffin, Choc Chip-Buena Vista '25	1 ea	300	250	20	240	2.04	1.80	20.4	*N/A*	*N/A*	19	4.0	40.97	8.0	2.00	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			401	35	391	2.45	1.94	376.8	*546	*1.84	41	13.29	62.86	10.66	3.55	0.00
% of Calories											40.4%	13.3%	62.7%	23.9%	8.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 08/13/2025																
PRE-K BIC # 2	Total	300														
CHEESE PIZZA BAGEL, PS 25'	SERVING	300	320	30	288	3.76	2.45	417.3	*533	*2.14	*4	19.27	38.13	9.2	6.07	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			479	45	438	5.69	2.45	767.3	*1067	*2.14	*25	28.26	61.77	11.70	7.57	0.00
% of Calories											*20.7%	23.6%	51.6%	22.0%	14.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Aug 11, 2025 thru Aug 15, 2025

PRE-K BIC # 2

Generated on: 8/12/2025 11:08:11 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/14/2025																
PRE-K BIC # 2	Total	300														
CHEESE PIZZA BAGEL, PS 25'	SERVING	300	320	30	288	3.76	2.45	417.3	*533	*2.14	*4	19.27	38.13	9.2	6.07	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			474	45	438	5.76	2.63	777.3	*1083	*125.74	*24	28.26	60.13	11.70	7.57	0.00
% of Calories											*20.3%	23.8%	50.7%	22.2%	14.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 08/15/2025																
PRE-K BIC # 2	Total	300														
Oats, Overnight Berry	1 Cup	300	195	4	52	3.44	1.45	220.8	88	7.48	*10	7.98	33.01	2.37	0.58	*0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			370	19	216	3.44	1.45	580.8	688	37.47	*38	17.98	61.01	4.87	2.08	*0.00
% of Calories											*41.5%	19.4%	65.9%	11.8%	5.1%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			447	36	443	3.79	2.92	602.0	*780	*33.45	*34	21.97	62.37	11.35	6.26	*0.00
											*67.5%	19.6%	55.8%	22.8%	12.6%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Aug 18, 2025 thru Aug 22, 2025

PRE-K BIC # 2

Generated on: 8/12/2025 11:08:25 AM

	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/18/2025																
PRE-K BIC # 2	Total	300														
Muffins, Blue-Buena Vista 22	1 ea	300	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	299	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			443	40	392	3.61	1.92	372.7	599	0.06	53 47.8%	13.05 11.8%	78.09 70.5%	9.83 20.0%	2.53 5.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 08/19/2025																
PRE-K BIC # 2	Total	300														
FRENCH TOAST W/ SAUS, PS '25	SERVING	300	307	178	480	0.00	2.88	18.0	204	0.0	8	17.69	31.0	12.79	2.95	0.50
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			458	193	631	0.41	3.01	374.4	750	1.84	29 25.8%	26.98 23.6%	52.89 46.2%	15.45 30.4%	4.50 8.8%	0.50 1.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 08/20/2025																
PRE-K BIC # 2	Total	300														
CEREAL,RICE CHEX BOWL 10 Z'25	BOWL	300	111	0	233	1.01	9.11	91.1	506	3.64	2	2.03	24.3	0.51	0.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			321	15	384	3.64	9.37	446.2	1071	12.43	28 35.3%	12.13 15.1%	61.37 76.4%	3.34 9.4%	1.61 4.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Aug 18, 2025 thru Aug 22, 2025

PRE-K BIC # 2

Generated on: 8/12/2025 11:08:25 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/21/2025																
PRE-K BIC # 2	Total	300														
Pancakes, Confetti Bites 2022	pkg	300	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			364	25	360	6.00	3.78	380.0	1550	123.60	31 34.1%	13.00 14.3%	58.00 63.7%	9.50 23.5%	2.50 6.2%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 08/22/2025																
PRE-K BIC # 2	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Juice, apple 4oz. DW-2024	1 EACH	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	299	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			465	20	410	2.00	2.00	935.0	530	30.00	64 55.1%	16.00 13.8%	88.00 75.7%	5.50 10.6%	2.00 3.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			410	59	435	3.13	4.02	501.7	900	33.59	41 90.3%	16.23 15.8%	67.67 66.0%	8.72 19.1%	2.63 5.8%	0.10 0.2%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Aug 18, 2025 thru Aug 22, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 3

Generated on: 8/12/2025 11:08:25 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	410		350 - 500		100%												
Cholesterol (mg)	59																
Sodium 1 (mg)	435		540		81%												
Fiber (g)	3.13																
Iron (mg)	4.02																
Calcium (mg)	501.7																
Vitamin A (IU)	900																
Sugars (g)	41	40.14%															
Vitamin C (mg)	33.59																
Protein (g)	16.23	15.82%															
Carbohydrate (g)	67.67	65.98%															
Total Fat (g)	8.72	19.14%	<=30.00%														
Saturated Fat (g)	2.63	5.76%	<10.00%														
Trans Fat ¹ (g)	0.10	0.22%															

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Aug 25, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 1

Generated on: 8/12/2025 11:08:55 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/25/2025																
PRE-K BIC # 2	Total	300														
CEREAL,KIX BOWL .625 OZ'25	BOWL	300	73	0	104	1.04	4.89	41.7	208	2.5	2	1.04	14.59	0.0	0.00	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	299	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			286	15	256	2.65	4.81	394.4	722	2.56	38 53.2%	10.09 14.1%	53.68 75.0%	2.83 8.9%	1.53 4.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 08/26/2025																
PRE-K BIC # 2	Total	300														
Pudding, Rice and Shine	1/2 Cup	300	149	6	90	0.57	0.28	271.9	250	1.48	*5	6.91	25.87	1.91	0.98	*0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			300	21	241	0.98	0.42	628.4	796	3.32	*26 *35.0%	16.20 21.6%	47.76 63.8%	4.57 13.7%	2.53 7.6%	*0.00 *0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 08/27/2025																
PRE-K BIC # 2	Total	300														
Waffles, Fun N Fruti '24	pkg	300	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			369	50	440	3.93	1.08	358.0	534	0.00	31 33.4%	14.00 15.2%	54.64 59.3%	10.50 25.6%	3.00 7.3%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Aug 25, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 2

Generated on: 8/12/2025 11:08:55 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/28/2025																
PRE-K BIC # 2	Total	300														
Muffins, Banana-Buena Vista 22	1 ea	300	230	20	200	2.00	1.80	20.0	80	0.0	16	4.0	39.0	7.0	1.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			384	35	350	4.00	1.98	380.0	630	123.60	36	13.00	61.00	9.50	2.50	0.00
% of Calories											37.5%	13.5%	63.5%	22.3%	5.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 08/29/2025																
PRE-K BIC # 2	Total	300														
CROISSANT W/ CHOC SPREA	SVG	300	358	0	339	4.21	3.21	93.2	*N/A*	*N/A*	12	10.54	45.61	16.07	3.66	0.00
D 25'																
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			533	15	503	4.21	3.21	453.2	*600	*30.00	40	20.54	73.61	18.57	5.16	0.00
% of Calories											29.9%	15.4%	55.2%	31.3%	8.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average																
			374	27	358	3.15	2.30	442.8	*656	*31.90	*34	14.77	58.14	9.20	2.94	*0.00
											*82.2%	15.8%	62.1%	22.1%	7.1%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Aug 25, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 3

Generated on: 8/12/2025 11:08:55 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	374		350 - 500		100%												
Cholesterol (mg)	27																
Sodium 1 (mg)	358			540	66%												
Fiber (g)	3.15																
Iron (mg)	2.30																
Calcium (mg)	442.8																
Vitamin A (IU)	656					Missing											
Sugars (g)	34	36.52%				Missing											
Vitamin C (mg)	31.90					Missing											
Protein (g)	14.77	15.78%				Missing											
Carbohydrate (g)	58.14	62.12%															
Total Fat (g)	9.20	22.11%															
Saturated Fat (g)	2.94	7.08%															
Trans Fat ¹ (g)	0.00	0.00%				Missing											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.